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Everyone dreams of finding true love. Everyone should be loved and loved. However, very often it happens that the relationship ends very quickly or is not going very well from the very beginning. If a person had strong feelings, then this alignment will bring severe pain and suffering. A person can become isolated in himself and no longer wants to build new relationships.

How to understand what true love is? The media spills huge flows of information on us every day. Films and series are full of different love stories, writers write different novels. However, the question remains the same.

All love stories are even more confused. Everything that is shown there is actually based on emotions. We see incredible joy at the beginning of a relationship, passion, feelings, pain, despair, separation, and so on. This does not give a normal idea of true love. Those who observe this, especially the younger generation, begin to believe that love depends only on the senses. If there is no feeling, then there is no love.

However, real-life is different from the cinema. As a rule, constant emotional slides become very annoying over time, moreover, they take up a lot of energy. When a person becomes an adult, he wants silence, stability, and guarantees. For this reason, people choose reliable partners, rather than fickle ones, and it is unclear what they have in mind. This is the fate of youth, childishness, and not a serious relationship.

True love is based on a decision, on accepting a partner as he is. If there are any traits that cannot be reconciled with, it is better not to start. Love is built on giving, not accepting. A sincere and deeply loving person always wants her lover or lover to always be good. The lover puts the interests and needs of another person above his own. The egoist does the opposite. In true love, there is no room for selfishness; he destroys everything in his path.

I believe that you truly love a person when you realize that the most important thing is the happiness of the object of love. In true love, a person "pushes" his feelings and tries to do everything on which the happiness of his beloved depends. Love never lies in selfishness, self-centeredness. True love lies in the desire to help the person you love, to make his life better, easier, happier, to give joy.

Sometimes the object of love cannot be happy with you. Then you have to let him go, as befits a true love, consisting of the happiness of a beloved. Yes, it is very difficult but necessary.

True love will never be manifested in jealousy, scandals, misunderstandings. A loving person must trust his beloved and also remember to give him the freedom necessary for everyone. For the same reason, a loving person will never choke anyone with his love if he truly loves. He will not put himself at the head of the table. He will try to concede something to himself so that the person he loves is happy.